

METROPOLITAN JEWISH DAY SCHOOL BASKETBALL LEAGUE

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1. Coaches are responsible for making sure that cell phone numbers and e-mail addresses listed on the Coaches Directory and the MJDSBL website are correct. Coaches must notify the league director of any changes in their cell phone numbers or e-mail addresses.
2. Coaches are responsible for checking the league website FREQUENTLY (**www.yeshivabasketball.org**) for any and all announcements and updates. The website exists as the only source of communication from the league director to all coaches while the season is in progress. **All communication from the coaches to the league director MUST be via telephone.**
3. The home team coach is responsible for posting the score of each home game on the league website (**www.yeshivabasketball.org**) within 24 hours of the game's completion. Failure to post these scores will result in the withholding of trophies and the offending coach will be held accountable. Each coach is expected to familiarize him/herself with the procedure of posting scores.
4. Only students in eighth grade or below are eligible to play in the MJDSBL. Any Boys/Girls varsity player whose 15th birthday falls on or before November 21, 2016 is ineligible to play. Any seventh grade boy whose 14th birthday falls on or before November 21, 2016 is ineligible to play in the seventh grade division. Any player whose 13th birthday falls on or before November 21, 2016 is ineligible to play in the JV division. A player may play on only one team while representing his/her school. No MJDSBL player may compete in ANY interscholastic high school game.
5. All "Federation" high school rules are in effect. COACHES MUST FAMILIARIZE THEMSELVES AND THEIR TEAMS WITH ALL THE NEW RULES, AS WELL AS OUR SPECIAL MJDSBL PROCEDURES.
6. All Varsity and seventh grade games shall be played in four (4) eight (8) minute quarters (stop time). All JV Games will have four (4) seven (7) minute quarters. All overtime periods shall be three (3) minutes in length.
7. All team members must wear LEGALLY numbered uniforms. Teams must have white home uniforms and colored road uniforms. **An illegally uniformed player may not play in the MJDSBL and may not remain in the game after being notified that he/she is improperly uniformed.**

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8. It is the responsibility of the team listed as “home team” to provide the following at each game”
 - a. A REGULATION BASKETBALL (Leather)
 - b. A HANDHELD TIMECLOCK AT LEAST 6” IN DIAMETER in case scoreboard goes down
 - c. A REGULATION BASKETBALL SCOREBOOK
 - d. A LARGE VISIBLE POSSESSION ARROW
 - e. TWO REFEREE’S REMINDER CARDS (Page 7,8,9)
 - f. A FIRST AID KIT

as well as safe playing conditions at ALL times during the game. Any gym not equipped with an electronic scoreboard must have a manual flip over digital scoreboard at the scorer’s table. A FIRST AID KIT IS REQUIRED EQUIPMENT. All girls’ basketball games are to be played with the “28.5” basketball, provided by the home team.

9. Postponements shall be granted only in the event of an emergency, e.g. snow. Should it be necessary to postpone a game due to emergency, it is vital that the League Director, David Wyszkowski (516-457-2223) and the opposing school and/or coach be consulted at once. Do not contact by email in case of emergency postponements.
10. Each team is expected to be ready play within ten (10) minutes of the scheduled starting time for each game. When planning travel time, allow enough time so that each game can begin on time. If the home team cannot begin the game within 20 minutes of the starting time (due to unavailability of players and/or the court) the game will be forfeited to the visiting team. The game may be played at a later date on the visiting team’s home court under the following conditions:
 - A. The original visiting team must consent to play the game. The visiting team is NOT obligated to play the game.
 - B. A forfeit replay fee of \$175 must be paid to the MJDSBL by the original home team prior to the playing of the game.

This rule does not apply to second or third games of sequentially schedule double or tripleheaders between schools in the MJDSBL.

11. **Coaches are urged and reminded to constantly check and re-check court availabilities during the season.** If your court is not available for a timely start you will forfeit the game.
12. Our game officials are skilled and experienced referees. Coaches must cooperate IN EVERY POSSIBLE WAY with our referees and set a good example in conduct and sportsmanship for both our players and spectators. Please note: The game officials have COMPLETE JURISDICTION over all aspects of the game. It is their job to conduct the game in accordance with the rules.

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13. In order to prevent breakouts of “little league syndrome,” coaches should restrict bench areas to players and coaches only. **Head coaches (only) may coach in a standing or kneeling position. While standing or kneeling, head coach must remain in the coach’s box which is defined as the area directly in front of his seat.** All other coaches and team personnel must remain seated during the game.
14. If a tie in the final standings cannot be resolved through the use of normal procedures, lots will be drawn to determine the standings. No advantages in the standings will be gained through point differentials.
15. Any team that intentionally forfeits a game will have a \$250 penalty added to its dues the following year.
16. ANY change in the finalized schedule or other request which affects MJDSBL operation in any way, must be made in consultation with the League Director, as well as the opposing coach. **FAILURE TO FOLLOW THIS PROCEDURE WILL CONSTITUTE AN INTENTIONAL FORFEIT. ALL GAME CHANGES MUST BE APPROVED BY THE LEAGUE DIRECTOR.**
17. No team may charge admission to students or parents of another school.
18. Coaches are reminded to TRAIN and PREPARE mature and responsible scorers and timers so that games can proceed smoothly. They are an essential and vital component of game administration.
19. The League Director, David Wyszowski, will be out of town from time to time. During these periods, Mike Gelber (Coach of Yeshivah of Flatbush) will be acting Director. All coaches will be notified in advance via the league website.
20. School administrators are urged to provide adequate and mature faculty supervision at all games.
21. A) A team that is winning by 20 points or more at any time in the game may NOT press or play defense beyond the top of its own defensive key. The penalty for the third such violation will be a technical foul. A fourth violation will forfeit the game in favor of the losing team. Every coach will be held personally responsible for teaching this rule to his/her team. If a three-point arc exists in the gym it will be considered a defensive zone.

B) A team that is winning by 25 points or more may not have any of its five starters on the court. As soon as a 25 point lead is established the game will automatically be stopped to facilitate substitutions. Starters may not reenter the game unless the lead is reduced to 20 points or less. Any starter who remains on the court will be in violation of this rule and will be ineligible for two games and the offending coach will be subject to suspension. **ANY COACH WHO ATTEMPTS TO CIRCUMVENT THIS RULE WILL BE SUBJECT TO SUSPENSION AND**

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THE GAME WILL BE FORFEITED. ALL STARTERS MUST BE DESIGNATED BY AN ASTERISK (*) IN THE BOTH HOME AND VISITOR SCOREBOOK PRIOR TO THE GAME

- C) In all girls' games, the bonus free two-shot free throw rule will go into effect on the tenth foul in each half. (The one-and-one on the seventh foul has been eliminated)
- D) Each team is allowed five full time outs in regulation time, and one additional time-out per overtime period.
22. Any player, coach or spectator who is physically or verbally abusive during the course of the game will be IMMEDIATELY expelled from the gym. The penalty for inappropriate physical or verbal abuse will be determined by the League Director.
23. Any request for a change in the schedule after November 7, 2016 must be accompanied by a \$175 late fee. All requests must be approved by the opposing team as well as the League Director.
24. All girls competing in MJDSBL games must wear (minimally) T-shirt uniform tops WITH SLEEVES and ANKLE LENGTH sweatpants or a skirt. Failure to follow this procedure will constitute an intentional forfeit of a game.
25. The visiting coach MUST phone the home coach at least THREE DAYS before a game in order to confirm starting time and travel directions. It is each coach's responsibility to make sure they are reachable on game days. Coaches must have cellphones ON and be available for calls on game days. Visiting coach MUST HAVE home coach's cell number with him/her en route to game.
26. The home coaches must provide one referee's reminder card to each official PRIOR to the game. FAILURE TO DO SO WILL RESULT IN FORFEITURE OF THE GAME.
27. All coaches and players MUST exchange handshakes at the end of each game. COACHES WILL BE HELD PERSONALLY RESPONSIBLE FOR IMPLEMENTATION OF THIS PROCEDURE. I strongly recommend that coaches and players form two parallel lines and shake hands "hockey-style."
28. No player may compete in the MJDSBL without a SIGNED parental conduct form. All players must be listed on the team's roster. Penalty for non-compliance with this procedure will be the forfeiture of games for that team.
29. Coaches may not contact assigners or officials privately without the permission of the League Director.

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30. Any player or coach receiving two conduct related technical fouls at any time in the season will be subject to probation or suspension, to be determined by the League Director. Any coach or player ejected from a game will be subject to a MINIMUM of a one game suspension.
31. Special rules for BOYS AND GIRLS JUNIOR VARSITY:
- A. No team may play defense beyond its own half court line at any time in the game, except for the last THREE minutes of regulation time and any overtime periods (when full-court defense is permitted)
 - B. There is no three point shot in boys and girls JV division games.
32. Playoffs will begin on or about February 20, 2017 and will continue until completion in March. All coaches are expected to make themselves totally available during this period. NO POSTPONEMENTS OR DELAYS WILL BE GRANTED FOR ANY COACH'S OR PLAYER'S INABILITY TO PLAY DURING THIS TIME. (NO EXCEPTIONS)
33. Special rules for GIRLS VARSITY, GIRLS JV & WOMEN ONLY divisions:
- A. Once a team establishes a 10-point lead (at any point in the game), the winning team may no longer press beyond the half court line.
 - B. Once a 20 point lead is established the "no pressing" rule (rule 20A) is in effect.
 - C. No one- and-one foul shots are taken in any girls' games (rule 20B is in effect)
34. All male coaches and team personnel of the Jewish faith must wear head coverings in the facilities where any and all games are played.
- 35. The video recording of games not involving your own team is PROHIBITED without the written permission of the two teams as well as the League Director.**